

## Update of rural and small town population to 2016

**Reference:**

Bollman, Ray D. and Heather A. Clemenson (2008) **Structure and Change in Canada's Rural Demography: An Update to 2006 with Provincial Detail** (Ottawa: Statistics Canada, Agriculture and Rural Working Paper No. 90, Catalogue no. 21-601-MIE) ([http://publications.gc.ca/collections/collection\\_2008/statcan/21-601-M/21-601-m2008090-eng.pdf](http://publications.gc.ca/collections/collection_2008/statcan/21-601-M/21-601-m2008090-eng.pdf)).

<b>Percent Change in Rural and Small Town Population, Canada and Provinces, 1966 to 2016</b>										
	1966 to 1971	1971 to 1976	1976 to 1981	1981 to 1986	1986 to 1991	1991 to 1996	1996 to 2001	2001 to 2006	2006 to 2011	2011 to 2016
Newfoundland and Labrador	3.8	5.1	0.5	-0.3	-3.0	-5.1	-10.6	-5.6	-2.7	-2.2
Prince Edward Island	0.9	9.5	1.9	1.2	-0.2	2.4	-1.0	-1.3	-1.9	-2.1
Nova Scotia	4.9	5.4	1.9	2.7	0.5	-0.6	-2.3	-1.8	-1.7	-2.1
New Brunswick	1.4	9.2	3.5	1.7	-0.2	1.3	-2.7	-2.5	-0.8	-2.6
Quebec	-0.3	2.8	5.9	-0.6	1.6	3.5	-0.8	2.2	2.7	0.7
Ontario	7.1	5.4	3.0	0.9	9.3	4.7	1.5	2.4	0.6	2.8
Manitoba	-1.4	1.3	0.2	0.4	0.5	4.4	0.5	2.4	4.7	3.2
Saskatchewan	-6.8	-4.0	1.3	-1.0	-6.9	-2.0	-3.5	-4.7	3.7	0.1
Alberta	3.0	11.2	22.0	2.5	3.1	7.8	5.5	3.8	4.1	3.7
British Columbia	16.3	20.8	17.0	-0.4	7.2	12.8	-1.1	0.8	0.8	2.2
Yukon	27.9	18.7	6.0	-0.4	18.9	16.0	-18.9	2.8	5.3	-2.8
Northwest Territories	21.1	22.4	7.3	14.2	4.9	11.0	-7.0	9.3	-2.4	0.0
Nunavut	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	8.1	10.2	8.3	12.7
<b>CANADA</b>	3.3	6.3	6.7	0.6	3.0	3.9	-0.4	1.0	1.7	1.4

Source: Statistics Canada. Census of Population, 1971 to 2016.

Note: Rural and small town refers to the population outside Census Metropolitan Areas (CMAs) and outside Census Agglomerations (CAs).

Note: Population change is calculated using constant "Rural and Small Town" (non-CMA/CA) boundaries based on the end-period delineation.

**Percent of population living in rural and small town areas, Canada and Provinces, 1971 to 2016**

	1971	1976	1981	1986	1991	1996	2001	2006	2011	2016
<b>Newfoundland</b>	74.8	64.1	59.6	54.9	55.4	55.6	53.5	54.1	51.7	46.8
<b>Prince Edward Island</b>	77.4	67.0	51.1	45.1	44.0	45.6	44.9	45.0	42.2	39.9
<b>Nova Scotia</b>	55.9	45.0	40.9	43.2	39.6	38.7	36.7	35.8	34.9	34.1
<b>New Brunswick</b>	66.0	61.4	49.4	49.0	48.0	48.5	47.7	41.5	38.9	37.4
<b>Quebec</b>	30.5	27.5	26.7	23.3	22.7	22.4	21.5	20.1	19.6	18.9
<b>Ontario</b>	27.4	24.8	21.2	16.3	15.8	14.8	13.0	11.9	11.3	10.3
<b>Manitoba</b>	45.3	42.6	38.8	33.3	33.2	33.3	33.4	32.3	31.9	28.8
<b>Saskatchewan</b>	71.2	63.3	55.6	47.8	43.6	43.3	42.3	40.4	39.1	35.6
<b>Alberta</b>	43.0	41.9	41.9	27.3	25.3	25.8	24.6	21.2	19.4	18.0
<b>British Columbia</b>	31.0	36.9	26.6	15.6	15.4	15.5	13.8	12.8	12.4	11.6
<b>Yukon</b>	100.0	100.0	100.0	35.3	35.5	29.1	25.4	24.6	23.2	21.3
<b>Northwest Territories</b>	100.0	100.0	100.0	100.0	73.7	73.2	55.7	54.9	53.6	53.2
<b>Nunavut</b>	n.a.	n.a.	n.a.	n.a.	n.a.	n.a.	100.0	100.0	100.0	100.0
<b>CANADA</b>	36.3	33.7	30.1	24.1	22.8	22.2	20.6	18.9	18.0	16.8

Source: Statistics Canada. Census of Population, 1971 to 2016.

Note: Rural and small town refers to the population outside Census Metropolitan Areas (CMAs) and outside Census Agglomerations (CAs).

## Percent change in population with constant boundaries for CMAs, CAs and RST areas, Canada, 1966 to 2016

	1966 to 1971	1971 to 1976	1976 to 1981	1981 to 1986	1986 to 1991	1991 to 1996	1996 to 2001	2001 to 2006	2006 to 2011	2011 to 2016
<b>Canada</b>										
Census Metropolitan Areas (CMAs)	11.0	6.8	5.8	5.9	10.0	6.4	6.2	6.9	7.4	6.2
Census Agglomerations (CAs)	7.2	6.7	4.5	2.1	7.1	5.3	1.5	4.0	4.2	3.3
Rural and Small Town (RST) areas	3.3	6.3	6.7	0.6	3.0	3.9	-0.4	1.0	1.7	1.4
<b>Newfoundland</b>										
Census Metropolitan Areas (CMAs)	12.2	8.8	6.5	4.6	6.2	1.3	-0.7	4.7	8.8	4.6
Census Agglomerations (CAs)	0.0	13.2	-1.5	-5.4	0.0	-3.0	-7.3	1.3	1.1	2.5
Rural and Small Town (RST) areas	3.8	5.1	0.5	-0.3	-3.0	-5.1	-10.6	-5.6	-2.7	-2.2
<b>Prince Edward Island</b>										
Census Metropolitan Areas (CMAs)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Census Agglomerations (CAs)	10.1	-0.7	5.5	5.3	4.7	4.8	1.8	1.8	7.3	4.8
Rural and Small Town (RST) areas	0.9	9.5	1.9	1.2	-0.2	2.4	-1.0	-1.3	-1.9	-2.1
<b>Nova Scotia</b>										
Census Metropolitan Areas (CMAs)	6.1	6.9	3.6	6.6	8.3	3.7	4.7	3.8	4.7	3.3
Census Agglomerations (CAs)	-0.4	1.6	1.1	-1.1	0.2	-0.2	-4.3	-1.0	-1.7	-2.1
Rural and Small Town (RST) areas	4.9	5.4	1.9	2.7	0.5	-0.6	-2.3	-1.8	-1.7	-2.1
<b>New Brunswick</b>										
Census Metropolitan Areas (CMAs)	2.4	5.8	1.0	0.2	3.1	-0.1	-2.4	3.1	7.1	1.0
Census Agglomerations (CAs)	9.5	1.0	2.7	3.0	4.7	4.0	1.6	0.5	3.2	0.4
Rural and Small Town (RST) areas	1.4	9.2	3.5	1.7	-0.2	1.3	-2.7	-2.5	-0.8	-2.6
<b>Quebec</b>										
Census Metropolitan Areas (CMAs)	7.2	4.1	1.9	2.5	7.1	3.8	2.5	5.1	5.5	4.1
Census Agglomerations (CAs)	2.5	2.0	4.5	0.3	5.2	1.8	-0.7	3.3	3.7	2.6
Rural and Small Town (RST) areas	-0.3	2.8	5.9	-0.6	1.6	3.5	-0.8	2.2	2.7	0.7
<b>Ontario</b>										
Census Metropolitan Areas (CMAs)	12.7	7.2	5.2	7.3	11.7	7.6	7.7	7.7	7.1	5.3
Census Agglomerations (CAs)	8.0	12.9	2.5	2.4	8.2	4.1	2.3	3.0	0.4	1.0
Rural and Small Town (RST) areas	7.1	5.4	3.0	0.9	9.3	4.7	1.5	2.4	0.6	2.8
<b>Manitoba</b>										
Census Metropolitan Areas (CMAs)	6.2	5.2	1.1	5.6	4.3	1.0	0.6	2.7	5.1	6.6
Census Agglomerations (CAs)	0.0	-8.1	-5.9	2.7	0.0	-0.7	-0.6	2.7	8.3	8.3
Rural and Small Town (RST) areas	-1.4	1.3	0.2	0.4	0.5	4.4	0.5	2.4	4.7	3.2
<b>Saskatchewan</b>										
Census Metropolitan Areas (CMAs)	7.6	6.6	11.8	11.2	3.8	2.5	1.5	2.4	9.9	12.2
Census Agglomerations (CAs)	0.0	2.8	6.0	5.5	-2.1	-0.1	-1.7	-1.1	5.8	4.0
Rural and Small Town (RST) areas	-6.8	-4.0	1.3	-1.0	-6.9	-2.0	-3.5	-4.7	3.7	0.1
<b>Alberta</b>										
Census Metropolitan Areas (CMAs)	18.9	13.9	21.6	6.6	10.3	5.6	12.2	11.9	12.3	14.1
Census Agglomerations (CAs)	3.8	21.3	19.8	9.3	3.9	4.0	10.8	15.7	13.4	9.9
Rural and Small Town (RST) areas	3.0	11.2	22.0	2.5	3.1	7.8	5.5	3.8	4.1	3.7
<b>British Columbia</b>										
Census Metropolitan Areas (CMAs)	15.3	8.3	8.5	8.4	15.6	13.0	7.6	6.7	8.7	6.6
Census Agglomerations (CAs)	25.5	12.4	11.9	1.8	14.2	14.9	1.7	3.5	5.3	4.4
Rural and Small Town (RST) areas	16.3	20.8	17.0	-0.4	7.2	12.8	-1.1	0.8	0.8	2.2

Source: Statistics Canada. Census of Population, 1976 to 2016.

**Population Change in CMA, CA and RST Areas, 1966 - 2016, Canada and Provinces**

Area classification			Five-year percent change				Five-year percent change					Five-year percent change	
	1966 1971 boundaries	1971 1971 boundaries	1966-1971 constant boundaries	1971 boundaries	1971 1976 boundaries	1976 1976 boundaries	1971-1976 current boundaries	1971-1976 constant boundaries	1976 boundaries	1976 1981 boundaries	1981 boundaries	1976-1981 current boundaries	1976-1981 constant boundaries
<b>Newfoundland</b>													
CMA	117,533	131,814	12.2	131,814	131,814	143,390	8.8	8.8	143,390	145,400	154,820	8.0	6.5
CA	0	0	0.0	0	50,319	56,937	n.a.	13.2	56,937	75,602	74,457	30.8	-1.5
RST	375,863	390,290	3.8	390,290	339,971	357,398	-8.4	5.1	357,398	336,723	338,404	-5.3	0.5
Total	493,396	522,104	5.8	522,104	522,104	557,725	6.8	6.8	557,725	557,725	567,681	1.8	1.8
<b>Prince Edward Island</b>													
CMA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	22,934	25,253	10.1	25,253	39,257	38,982	54.4	-0.7	38,982	56,825	59,949	53.8	5.5
RST	85,601	86,388	0.9	86,388	72,384	79,247	-8.3	9.5	79,247	61,404	62,557	-21.1	1.9
Total	108,535	111,641	2.9	111,641	111,641	118,229	5.9	5.9	118,229	118,229	122,506	3.6	3.6
<b>Nova Scotia</b>													
CMA	209,901	222,637	6.1	222,637	250,581	267,991	20.4	6.9	267,991	267,991	277,727	3.6	3.6
CA	125,749	125,188	-0.4	125,188	185,102	188,106	50.3	1.6	188,106	220,388	222,920	18.5	1.1
RST	420,389	441,135	4.9	441,135	353,277	372,474	-15.6	5.4	372,474	340,192	346,795	-6.9	1.9
Total	756,039	788,960	4.4	788,960	788,960	828,571	5.0	5.0	828,571	828,571	847,442	2.3	2.3
<b>New Brunswick</b>													
CMA	104,195	106,744	2.4	106,744	106,744	112,974	5.8	5.8	112,974	112,974	114,048	1.0	1.0
CA	99,633	109,100	9.5	109,100	146,683	148,133	35.8	1.0	148,133	231,827	238,117	60.7	2.7
RST	412,960	418,713	1.4	418,713	381,130	416,143	-0.6	9.2	416,143	332,449	344,238	-17.3	3.5
Total	616,788	634,557	2.9	634,557	634,557	677,250	6.7	6.7	677,250	677,250	696,403	2.8	2.8
<b>Quebec</b>													
CMA	3,271,241	3,506,643	7.2	3,506,643	3,502,670	3,645,233	4.0	4.1	3,645,233	3,751,326	3,821,628	4.8	1.9
CA	667,491	684,368	2.5	684,368	856,680	872,994	27.6	2.0	872,994	856,408	894,691	2.5	4.5
RST	1,842,113	1,836,753	-0.3	1,836,753	1,669,414	1,716,218	-6.6	2.8	1,716,218	1,626,711	1,722,084	0.3	5.9
Total	5,780,845	6,027,764	4.3	6,027,764	6,027,764	6,234,445	3.4	3.4	6,234,445	6,234,445	6,438,403	3.3	3.3
<b>Ontario</b>													
CMA	4,360,223	4,912,367	12.7	4,912,367	4,998,210	5,357,336	9.1	7.2	5,357,336	5,357,336	5,635,892	5.2	5.2
CA	630,121	680,682	8.0	680,682	758,865	856,551	25.8	12.9	856,551	1,128,209	1,156,916	35.1	2.5
RST	1,970,526	2,110,057	7.1	2,110,057	1,946,031	2,050,578	-2.8	5.4	2,050,578	1,778,920	1,832,299	-10.6	3.0
Total	6,960,870	7,703,106	10.7	7,703,106	7,703,106	8,264,465	7.3	7.3	8,264,465	8,264,465	8,625,107	4.4	4.4
<b>Manitoba</b>													
CMA	508,759	540,262	6.2	540,262	549,808	578,271	7.0	5.2	578,271	578,217	584,842	1.1	1.1
CA	0	0	0.0	0	8,873	8,152	n.a.	-8.1	8,152	45,603	42,922	426.5	-5.9
RST	454,307	447,985	-1.4	447,985	429,566	435,083	-2.9	1.3	435,083	397,686	398,477	-8.4	0.2
Total	963,066	988,247	2.6	988,247	988,247	1,021,506	3.4	3.4	1,021,506	1,021,506	1,026,241	0.5	0.5
<b>Saskatchewan</b>													
CMA	248,332	267,183	7.6	267,183	267,183	284,941	6.6	6.6	284,941	284,984	318,523	11.8	11.8
CA	0	0	0.0	0	51,680	53,107	n.a.	2.8	53,107	105,359	111,667	110.3	6.0
RST	707,012	659,059	-6.8	659,059	607,379	583,276	-11.5	-4.0	583,276	530,981	538,123	-7.7	1.3
Total	955,344	926,242	-3.0	926,242	926,242	921,324	-0.5	-0.5	921,324	921,324	968,313	5.1	5.1
<b>Alberta</b>													
CMA	755,945	899,021	18.9	899,021	899,357	1,024,145	13.9	13.9	1,024,145	1,027,667	1,249,800	22.0	21.6
CA	27,720	28,773	3.8	28,773	35,944	43,618	51.6	21.3	43,618	41,428	49,645	13.8	19.8
RST	679,538	700,080	3.0	700,080	692,573	770,274	10.0	11.2	770,274	768,942	938,279	21.8	22.0
Total	1,463,203	1,627,874	11.3	1,627,874	1,627,874	1,838,037	12.9	12.9	1,838,037	1,838,037	2,237,724	21.7	21.7
<b>British Columbia</b>													
CMA	1,108,353	1,278,152	15.3	1,278,152	1,278,152	1,384,598	8.3	8.3	1,384,598	1,384,598	1,501,664	8.5	8.5
CA	182,090	228,437	25.5	228,437	153,375	172,357	-24.5	12.4	172,357	457,734	512,314	197.2	11.9
RST	583,231	678,032	16.3	678,032	753,094	909,653	34.2	20.8	909,653	624,276	730,489	-19.7	17.0
Total	1,873,674	2,184,621	16.6	2,184,621	2,184,621	2,466,608	12.9	12.9	2,466,608	2,466,608	2,744,467	11.3	11.3
<b>Canada (excluding Yukon, NWT and Nunavut)</b>													
CMA	10,684,482	11,864,823	11.0	11,864,823	11,984,519	12,798,879	7.9	6.8	12,798,879	12,910,493	13,658,944	6.7	5.8
CA	1,755,738	1,881,801	7.2	1,881,801	2,285,778	2,438,937	29.6	6.7	2,438,937	3,219,383	3,363,598	37.9	4.5
RST	7,531,540	7,768,492	3.1	7,768,492	7,244,819	7,690,344	-1.0	6.1	7,690,344	6,798,284	7,251,745	-5.7	6.7
Total	19,971,760	21,515,116	7.7	21,515,116	21,515,116	22,928,160	6.6	6.6	22,928,160	22,928,160	24,274,287	5.9	5.9
<b>Yukon</b>													
CMA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
RST	14,382	18,390	27.9	18,390	18,390	21,835	18.7	18.7	21,835	21,835	23,150	6.0	6.0
Total	14,382	18,390	27.9	18,390	18,390	21,835	18.7	18.7	21,835	21,835	23,150	6.0	6.0
<b>Northwest Territories</b>													
CMA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
RST	28,738	34,805	21.1	34,805	34,805	42,610	22.4	22.4	42,610	42,610	45,740	7.3	7.3
Total	28,738	34,805	21.1	34,805	34,805	42,610	22.4	22.4	42,610	42,610	45,740	7.3	7.3
<b>Nunavut</b>													
CMA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
RST	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
Total	0	0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
<b>Canada</b>													
CMA	10,684,482	11,864,823	11.0	11,864,823	11,984,519	12,798,879	7.9	6.8	12,798,879	12,910,493	13,658,944	6.7	5.8
CA	1,755,738	1,881,801	7.2	1,881,801	2,285,778	2,438,937	29.6	6.7	2,438,937	3,219,383	3,363,598	37.9	4.5
RST	7,574,660	7,821,687	3.3	7,821,687	7,298,014	7,754,789	-0.9	6.3	7,754,789	6,862,729	7,320,635	-5.6	6.7
Total	20,014,880	21,568,311	7.8	21,568,311	21,568,311	22,992,605	6.6	6.6	22,992,605	22,992,605	24,343,177	5.9	5.9

Source: Statistics Canada. Censuses of Population, 1971 to 2016.

Census Metropolitan Areas (CMAs), in 2006 and 2011, have an a built-up core of 50,000 or more people and a total population of 100,000 or more and includes all neighbouring municipalities where 50 percent or more of the workforce commutes to the built-up core.

Census Agglomerations (CAs) have a built-up core of 10,000 or more people and a total population less than 100,000 and includes all neighbouring municipalities where 50 percent or more of the workforce commutes to the urban core.

Rural and Small Town (RST) areas refer to the non-CMA and the non-CA population. It is the population outside the commuting zone of larger urban centres.

**Population Change in CMA, CA and RST Areas, 1966 - 2016, Canada and Provinces**

Area classification	Five-year percent change					Five-year percent change					Five-year percent change				
	1981	1981	1986	1981-1986	1981-1986	1986	1986	1991	1986-1991	1986-1991	1991	1991	1996	1991-1996	1991-1996
	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries	boundaries
<b>Newfoundland</b>															
CMA	154,820	154,835	161,901	4.6	4.6	161,901	161,901	171,859	6.2	6.2	171,859	171,848	174,051	1.3	1.3
CA	74,457	100,060	94,624	27.1	-5.4	94,624	81,542	81,520	-13.8	0.0	81,520	73,041	70,817	-13.1	-3.0
RST	338,404	312,786	311,824	-7.9	-0.3	311,824	324,906	315,096	1.0	-3.0	315,096	323,585	306,924	-2.6	-5.1
Total	567,681	567,681	568,349	0.1	0.1	568,349	568,349	568,475	0.0	0.0	568,475	568,474	551,792	-2.9	-2.9
<b>Prince Edward Island</b>															
CMA	0	0	0	0.0	0.0	0.00	0.00	0.00	0.0	0.0	0.00	0.00	0.00	0.0	0.0
CA	59,949	66,000	69,482	15.9	5.3	69,482	69,458	72,709	4.6	4.7	72,709	69,885	73,225	0.7	4.8
RST	62,557	56,506	57,168	-8.6	1.2	57,168	57,192	57,056	-0.2	-0.2	57,056	59,880	61,332	7.5	2.4
Total	122,506	122,506	126,650	3.4	3.4	126,650	126,650	129,765	2.5	2.5	129,765	129,765	134,557	3.7	3.7
<b>Nova Scotia</b>															
CMA	277,727	277,727	295,990	6.6	6.6	295,990	295,922	320,501	8.3	8.3	320,501	320,501	332,518	3.7	3.7
CA	222,920	202,000	199,723	-10.4	-1.1	199,723	222,380	222,859	11.6	0.2	222,859	225,551	225,096	1.0	-0.2
RST	346,795	367,715	377,462	8.8	2.7	377,462	354,873	356,582	-5.5	0.5	356,582	353,890	351,668	-1.4	-0.6
Total	847,442	847,442	873,175	3.0	3.0	873,175	873,175	899,942	3.1	3.1	899,942	899,942	909,282	1.0	1.0
<b>New Brunswick</b>															
CMA	114,048	121,012	121,265	6.3	0.2	121,265	121,265	124,981	3.1	3.1	124,981	125,838	125,705	0.6	-0.1
CA	238,117	233,215	240,228	0.9	3.0	240,228	240,228	251,525	4.7	4.7	251,525	244,601	254,444	1.2	4.0
RST	344,238	342,176	347,942	1.1	1.7	347,942	347,942	347,394	-0.2	-0.2	347,394	353,461	357,984	3.0	1.3
Total	696,403	696,403	709,435	1.9	1.9	709,435	709,435	723,900	2.0	2.0	723,900	723,900	738,133	2.0	2.0
<b>Quebec</b>															
CMA	3,821,628	4,041,354	4,142,154	8.4	2.5	4,142,154	4,142,154	4,436,174	7.1	7.1	4,436,174	4,519,426	4,693,265	5.8	3.8
CA	894,691	865,863	868,718	-2.9	0.3	868,718	846,908	891,301	2.6	5.2	891,301	834,420	849,795	-4.7	1.8
RST	1,722,084	1,531,186	1,521,588	-11.6	-0.6	1,521,588	1,543,398	1,589,282	1.1	1.6	1,589,282	1,542,117	1,595,735	1.7	3.5
Total	6,438,403	6,438,403	6,532,460	1.5	1.5	6,532,460	6,532,460	6,895,965	5.6	5.6	6,895,965	6,895,963	7,138,795	3.5	3.5
<b>Ontario</b>															
CMA	5,635,892	5,896,478	6,328,626	12.3	7.3	6,328,626	6,333,439	7,073,420	11.8	11.7	7,073,420	7,100,762	7,639,013	8.0	7.6
CA	1,156,916	1,258,974	1,289,659	11.5	2.4	1,289,659	1,314,637	1,422,183	10.3	8.2	1,422,183	1,458,964	1,518,422	6.8	4.1
RST	1,832,299	1,469,655	1,483,410	-19.0	0.9	1,483,410	1,453,619	1,589,282	7.1	9.3	1,589,282	1,525,159	1,596,138	0.4	4.7
Total	8,625,107	8,625,107	9,101,695	5.5	5.5	9,101,695	9,101,695	10,084,885	10.8	10.8	10,084,885	10,084,885	10,753,573	6.6	6.6
<b>Manitoba</b>															
CMA	584,842	592,061	625,304	6.9	5.6	625,304	625,304	652,354	4.3	4.3	652,354	660,450	667,209	2.3	1.0
CA	42,922	81,656	83,891	95.4	2.7	83,891	76,648	76,614	-8.7	0.0	76,614	75,868	75,351	-1.6	-0.7
RST	398,477	352,524	353,820	-11.2	0.4	353,820	361,063	362,977	2.6	0.5	362,977	355,624	371,338	2.3	4.4
Total	1,026,241	1,026,241	1,063,015	3.6	3.6	1,063,015	1,063,015	1,091,945	2.7	2.7	1,091,945	1,091,942	1,113,898	2.0	2.0
<b>Saskatchewan</b>															
CMA	318,523	348,284	387,186	21.6	11.2	387,186	387,186	401,715	3.8	3.8	401,715	402,641	412,708	2.7	2.5
CA	111,667	132,838	140,083	25.4	5.5	140,083	159,699	156,397	11.6	-2.1	156,397	149,135	148,964	-4.8	-0.1
RST	538,123	487,191	482,351	-10.4	-1.0	482,351	462,735	430,813	-10.7	-6.9	430,813	437,152	428,565	-0.5	-2.0
Total	968,313	968,313	1,009,620	4.3	4.3	1,009,620	1,009,620	988,925	-2.0	-2.0	988,925	988,928	990,237	0.1	0.1
<b>Alberta</b>															
CMA	1,249,800	1,366,848	1,456,791	16.6	6.6	1,456,791	1,445,479	1,593,957	9.4	10.3	1,593,957	1,595,165	1,684,237	5.7	5.6
CA	49,645	239,825	262,137	428.0	9.3	262,137	296,014	307,625	17.4	3.9	307,625	305,901	318,127	3.4	4.0
RST	938,279	631,051	646,897	-31.1	2.5	646,897	624,332	643,968	-0.5	3.1	643,968	644,487	694,474	7.8	7.8
Total	2,237,724	2,237,724	2,365,825	5.7	5.7	2,365,825	2,365,825	2,545,550	7.6	7.6	2,545,550	2,545,550	2,696,826	5.9	5.9
<b>British Columbia</b>															
CMA	1,501,664	1,509,633	1,636,276	9.0	8.4	1,636,276	1,635,954	1,890,399	15.5	15.6	1,890,399	1,890,487	2,135,952	13.0	13.0
CA	491,369	782,003	795,873	62.0	1.8	795,873	775,709	886,017	11.3	14.2	886,017	880,418	1,011,885	14.2	14.9
RST	751,434	452,831	451,216	-40.0	-0.4	451,216	471,702	505,645	12.1	7.2	505,645	511,156	576,683	14.0	12.8
Total	2,744,467	2,744,467	2,883,365	5.1	5.1	2,883,365	2,883,365	3,282,061	13.8	13.8	3,282,061	3,282,061	3,724,500	13.5	13.5
<b>Canada (excluding Yukon, NWT and Nunavut)</b>															
CMA	13,658,944	14,308,232	15,155,493	11.0	5.9	15,155,493	15,148,604	16,665,360	10.0	10.0	16,665,360	16,787,118	17,864,646	7.2	6.4
CA	3,342,653	3,962,434	4,044,418	21.0	2.1	4,044,418	4,083,223	4,368,750	8.0	7.0	4,368,750	4,317,784	4,546,126	4.1	5.3
RST	7,272,690	6,003,621	6,033,678	-17.0	0.5	6,033,678	6,001,762	6,177,303	2.4	2.9	6,177,303	6,106,511	6,340,821	2.6	3.8
Total	24,274,287	24,274,287	25,233,589	4.0	4.0	25,233,589	25,233,589	27,211,413	7.8	7.8	27,211,413	27,211,413	28,751,593	5.7	5.7
<b>Yukon</b>															
CMA	0	0	0	0.0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	0	14,814	15,200	n.a.	2.6	15,200	15,200	17,925	17.9	17.9	17,925	20,075	21,808	21.7	8.6
RST	23,150	8,336	8,305	n.a.	-0.4	8,305	8,305	9,872	18.9	18.9	9,872	7,722	8,958	-9.3	16.0
Total	23,150	23,150	23,505	1.5	1.5	23,505	23,505	27,797	18.3	18.3	27,797	27,797	30,766	10.7	10.7
<b>Northwest Territories</b>															
CMA	0	0	0	0.0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	0	0	0	0.0	0.0	0	11,753	15,179	n.a.	29.2	15,179	15,179	17,275	13.8	13.8
RST	45,740	45,740	52,235	14.2	14.2	52,235	40,482	42,470	n.a.	4.9	42,470	42,470	47,127	11.0	11.0
Total	45,740	45,740	52,235	14.2	14.2	52,235	52,235	57,649	10.4	10.4	57,649	57,649	64,402	11.7	11.7
<b>Nunavut</b>															
CMA	0	0	0	0.0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	0	0	0	0.0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
RST	0	0	0	0.0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
Total	0	0	0	0.0	0.0	0	0	0	0.0	0.0	0	0	0	0.0	0.0
<b>Canada</b>															
CMA	13,658,944	14,308,232	15,155,493	11.0	5.9	15,155,493	15,148,604	16,665,360	10.0	10.0	16,665,360	16,787,118	17,864,646	7.2	6.4
CA	3,342,653	3,977,248	4,059,618	21.4	2.1	4,059,618	4,110,176	4,401,854	8.4	7.1	4,401,854	4,353,038	4,585,209	4.2	5.3
RST	7,341,58														

**Population Change in CMA, CA and RST Areas, 1966 - 2016, Canada and Provinces**

Area classification	Five-year percent change					Five-year percent change				
	1996	1996	2001	1996-2001	1996-2001	2001	2001	2006	2001-2006	2001-2006
	1996 boundaries	2001 boundaries	2001 boundaries	current boundaries	constant boundaries	2001 boundaries	2006 boundaries	2006 boundaries	current boundaries	constant boundaries
<b>Newfoundland</b>										
CMA	174,051	174,051	172,918	-0.7	-0.7	172,918	172,918	181,113	4.7	4.7
CA	70,817	70,817	65,620	-7.3	-7.3	65,620	50,024	50,688	-22.8	1.3
RST	306,924	306,924	274,392	-10.6	-10.6	274,392	289,988	273,668	-0.3	-5.6
Total	551,792	551,792	512,930	-7.0	-7.0	512,930	512,930	505,469	-1.5	-1.5
<b>Prince Edward Island</b>										
CMA	0.00	0.00	0.00	0.0	0.0	0.00	0.00	0.00	0.0	0.0
CA	73,225	73,225	74,558	1.8	1.8	74,558	73,434	74,778	0.3	1.8
RST	61,332	61,332	60,736	-1.0	-1.0	60,736	61,860	61,073	0.6	-1.3
Total	134,557	134,557	135,294	0.5	0.5	135,294	135,294	135,851	0.4	0.4
<b>Nova Scotia</b>										
CMA	332,518	342,966	359,183	8.0	4.7	359,183	359,183	372,858	3.8	3.8
CA	225,096	225,096	215,513	-4.3	-4.3	215,513	215,513	213,262	-1.0	-1.0
RST	351,668	341,220	333,311	-2.9	-2.3	333,311	333,311	327,342	-1.8	-1.8
Total	909,282	909,282	908,007	-0.1	-0.1	908,007	908,007	913,462	0.6	0.6
<b>New Brunswick</b>										
CMA	125,705	125,705	122,678	-2.4	-2.4	122,678	241,356	248,813	102.8	3.1
CA	254,448	254,448	258,491	1.6	1.6	258,491	177,181	178,117	-31.1	0.5
RST	357,984	357,980	348,329	-2.7	-2.7	348,329	310,961	303,067	-13.0	-2.5
Total	738,137	738,133	729,498	-1.2	-1.2	729,498	729,498	729,997	0.1	0.1
<b>Quebec</b>										
CMA	4,693,265	4,695,387	4,812,931	2.5	2.5	4,812,931	4,867,695	5,115,169	6.3	5.1
CA	849,795	874,255	868,522	2.2	-0.7	868,522	882,270	911,115	4.9	3.3
RST	1,595,735	1,569,153	1,556,026	-2.5	-0.8	1,556,026	1,487,514	1,519,847	-2.3	2.2
Total	7,138,795	7,138,795	7,237,479	1.4	1.4	7,237,479	7,237,479	7,546,131	4.3	4.3
<b>Ontario</b>										
CMA	7,639,013	7,804,030	8,403,738	10.0	7.7	8,403,738	8,901,673	9,584,840	14.1	7.7
CA	1,518,422	1,487,301	1,522,211	0.2	2.3	1,522,211	1,094,168	1,127,437	-25.9	3.0
RST	1,596,138	1,462,242	1,484,097	-7.0	1.5	1,484,097	1,414,205	1,448,005	-2.4	2.4
Total	10,753,573	10,753,573	11,410,046	6.1	6.1	11,410,046	11,410,046	12,160,282	6.6	6.6
<b>Manitoba</b>										
CMA	667,209	667,093	671,274	0.6	0.6	671,274	676,594	694,668	3.5	2.7
CA	75,351	75,351	74,910	-0.6	-0.6	74,910	80,151	82,343	9.9	2.7
RST	371,338	371,454	373,399	0.6	0.5	373,399	362,838	371,390	-0.5	2.4
Total	1,113,898	1,113,898	1,119,583	0.5	0.5	1,119,583	1,119,583	1,148,401	2.6	2.6
<b>Saskatchewan</b>										
CMA	412,708	412,708	418,727	1.5	1.5	418,727	418,727	428,894	2.4	2.4
CA	148,964	148,964	146,495	-1.7	-1.7	146,495	149,763	148,110	1.1	-1.1
RST	428,565	428,565	413,711	-3.5	-3.5	413,711	410,443	391,153	-5.5	-4.7
Total	990,237	990,237	978,933	-1.1	-1.1	978,933	978,933	968,157	-1.1	-1.1
<b>Alberta</b>										
CMA	1,684,225	1,684,225	1,889,240	12.2	12.2	1,889,240	1,889,339	2,114,255	11.9	11.9
CA	318,127	320,416	355,096	11.6	10.8	355,096	413,178	478,131	34.6	15.7
RST	694,474	692,185	730,471	5.2	5.5	730,471	672,290	697,964	-4.5	3.8
Total	2,696,826	2,696,826	2,974,807	10.3	10.3	2,974,807	2,974,807	3,290,350	10.6	10.6
<b>British Columbia</b>										
CMA	2,135,952	2,272,432	2,446,237	14.5	7.6	2,446,237	2,593,976	2,767,965	13.2	6.7
CA	1,011,885	907,139	922,798	-8.8	1.7	922,798	789,609	817,403	-11.4	3.5
RST	576,663	544,929	538,703	-6.6	-1.1	538,703	524,153	528,119	-2.0	0.8
Total	3,724,500	3,724,500	3,907,738	4.9	4.9	3,907,738	3,907,738	4,113,487	5.3	5.3
<b>Canada (excluding Yukon, NWT and Nunavut)</b>										
CMA	17,864,646	18,178,597	19,296,926	8.0	6.2	19,296,926	20,121,461	21,508,575	11.5	6.9
CA	4,546,130	4,437,012	4,504,214	-0.9	1.5	4,504,214	3,925,291	4,081,384	-9.4	4.0
RST	6,340,821	6,135,984	6,113,175	-3.6	-0.4	6,113,175	5,867,563	5,921,628	-3.1	0.9
Total	28,751,597	28,751,593	29,914,315	4.0	4.0	29,914,315	29,914,315	31,511,587	5.3	5.3
<b>Yukon</b>										
CMA	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	21,808	21,808	21,405	-1.8	-1.8	21,405	21,405	22,898	7.0	7.0
RST	8,958	8,958	7,269	-18.9	-18.9	7,269	7,269	7,474	2.8	2.8
Total	30,766	30,766	28,674	-6.8	-6.8	28,674	28,674	30,372	5.9	5.9
<b>Northwest Territories</b>										
CMA	0	0	0	n.a.	0.0	0	0	0	n.a.	0.0
CA	17,275	17,275	16,541	n.a.	-4.2	16,541	16,541	18,700	13.1	13.1
RST	47,127	22,397	20,819	n.a.	-7.0	20,819	20,819	22,764	9.3	9.3
Total	64,402	39,672	37,360	n.a.	-5.8	37,360	37,360	41,464	11.0	11.0
<b>Nunavut</b>										
CMA	0	0	0	n.a.	0.0	0	0	0	n.a.	0.0
CA	0	0	0	n.a.	0.0	0	0	0	n.a.	0.0
RST	0	24,730	26,745	n.a.	8.1	26,745	26,745	29,474	10.2	10.2
Total	0	24,730	26,745	n.a.	8.1	26,745	26,745	29,474	10.2	10.2
<b>Canada</b>										
CMA	17,864,646	18,178,597	19,296,926	8.0	6.2	19,296,926	20,121,461	21,508,575	11.5	6.9
CA	4,585,213	4,476,095	4,542,160	-0.9	1.5	4,542,160	3,963,237	4,122,982	-9.2	4.0
RST	6,396,906	6,192,069	6,168,008	-3.6	-0.4	6,168,008	5,922,396	5,981,340	-3.0	1.0
Total	28,846,765	28,846,761	30,007,094	4.0	4.0	30,007,094	30,007,094	31,612,897	5.4	5.4

Source: Statistics Canada. Censuses of Population, 1971 to 2016.

Census Metropolitan Areas (CMAs), in 2006 and 2011, have a built-up core of 50,000 or more people and a total population of 100,000 or more and includes all neighbouring municipalities where 50 percent or more of the workforce commutes to the built-up core.

Census Agglomerations (CAs) have a built-up core of 10,000 or more people and a total population less than 100,000 and includes all neighbouring municipalities where 50 percent or more of the workforce commutes to the urban core.

Rural and Small Town (RST) areas refer to the non-CMA and the non-CA population. It is the population outside the commuting zone of larger urban centres.

**Population Change in CMA, CA and RST Areas, 1966 - 2016, Canada and Provinces**

Area classification	Five-year percent change					Five-year percent change				
	2006	2006	2011	2006-2011	2006-2011	2011	2011	2016	2006-2011	2006-2011
	2006 boundaries	2011 boundaries	2011 boundaries	current boundaries	constant boundaries	2011 boundaries	2016 boundaries	2016 boundaries	current boundaries	constant boundaries
<b>Newfoundland</b>										
CMA	181,113	181,113	196,966	8.8	8.8	196,966	196,954	205,955	4.6	4.6
CA	50,688	51,259	51,798	2.2	1.1	51,798	68,696	70,405	35.9	2.5
RST	273,668	273,097	265,772	-2.9	-2.7	265,772	248,886	243,356	-8.4	-2.2
Total	505,469	505,469	514,536	1.8	1.8	514,536	514,536	519,716	1.0	1.0
<b>Prince Edward Island</b>										
CMA	0.00	0.00	0.00	0.0	0.0	0	0	0	0.0	0.0
CA	74,778	75,478	80,975	8.3	7.3	80,975	82,011	85,912	6.1	4.8
RST	61,073	60,373	59,229	-3.0	-1.9	59,229	58,193	56,995	-3.8	-2.1
Total	135,851	135,851	140,204	3.2	3.2	140,204	140,204	142,907	1.9	1.9
<b>Nova Scotia</b>										
CMA	372,858	372,858	390,328	4.7	4.7	390,328	390,328	403,390	3.3	3.3
CA	213,262	213,262	209,675	-1.7	-1.7	209,675	209,675	205,184	-2.1	-2.1
RST	327,342	327,342	321,724	-1.7	-1.7	321,724	321,724	315,024	-2.1	-2.1
Total	913,462	913,462	921,727	0.9	0.9	921,727	921,727	923,598	0.2	0.2
<b>New Brunswick</b>										
CMA	248,813	248,813	266,405	7.1	7.1	266,405	268,344	271,012	1.7	1.0
CA	178,117	186,392	192,290	8.0	3.2	192,290	196,229	197,031	2.5	0.4
RST	303,067	294,792	292,476	-3.5	-0.8	292,476	286,598	279,058	-4.6	-2.6
Total	729,997	729,997	751,171	2.9	2.9	751,171	751,171	747,101	-0.5	-0.5
<b>Quebec</b>										
CMA	5,115,169	5,133,968	5,415,881	5.9	5.5	5,415,881	5,532,091	5,760,407	6.4	4.1
CA	911,115	905,041	938,918	3.1	3.7	938,918	842,318	864,450	-7.9	2.6
RST	1,519,847	1,507,122	1,548,202	1.9	2.7	1,548,202	1,528,592	1,539,504	-0.6	0.7
Total	7,546,131	7,546,131	7,903,001	4.7	4.7	7,903,001	7,903,001	8,164,361	3.3	3.3
<b>Ontario</b>										
CMA	9,584,840	9,591,529	10,270,006	7.1	7.1	10,270,006	10,408,279	10,956,264	6.7	5.3
CA	1,127,437	1,128,614	1,133,127	0.5	0.4	1,133,127	1,094,874	1,106,057	-2.4	1.0
RST	1,448,005	1,440,139	1,448,688	0.0	0.6	1,448,688	1,348,668	1,386,173	-4.3	2.8
Total	12,160,282	12,160,282	12,851,821	5.7	5.7	12,851,821	12,851,821	13,448,494	4.6	4.6
<b>Manitoba</b>										
CMA	694,668	694,668	730,018	5.1	5.1	730,018	730,018	778,489	6.6	6.6
CA	82,343	85,496	92,588	12.4	8.3	92,588	121,034	131,111	41.6	8.3
RST	371,390	368,237	385,662	3.8	4.7	385,662	357,216	368,765	-4.4	3.2
Total	1,148,401	1,148,401	1,208,268	5.2	5.2	1,208,268	1,208,268	1,278,365	5.8	5.8
<b>Saskatchewan</b>										
CMA	428,894	428,894	471,156	9.9	9.9	471,156	473,734	531,576	12.8	12.2
CA	148,110	149,174	157,822	6.6	5.8	157,822	168,947	175,700	11.3	4.0
RST	391,153	390,089	404,403	3.4	3.7	404,403	390,700	391,076	-3.3	0.1
Total	968,157	968,157	1,033,381	6.7	6.7	1,033,381	1,033,381	1,098,352	6.3	6.3
<b>Alberta</b>										
CMA	2,114,255	2,114,255	2,374,708	12.3	12.3	2,374,708	2,480,707	2,831,429	19.2	14.1
CA	478,131	496,234	562,903	17.7	13.4	562,903	457,572	502,663	-10.7	9.9
RST	697,964	679,861	707,646	1.4	4.1	707,646	706,978	733,083	3.6	3.7
Total	3,290,350	3,290,350	3,645,257	10.8	10.8	3,645,257	3,645,257	4,067,175	11.6	11.6
<b>British Columbia</b>										
CMA	2,767,965	2,767,965	3,007,973	8.7	8.7	3,007,973	3,007,938	3,206,601	6.6	6.6
CA	817,403	803,794	846,166	3.5	5.3	846,166	863,771	901,527	6.5	4.4
RST	528,119	541,728	545,918	3.4	0.8	545,918	528,348	539,927	-1.1	2.2
Total	4,113,487	4,113,487	4,400,057	7.0	7.0	4,400,057	4,400,057	4,648,055	5.6	5.6
<b>Canada (excluding Yukon, NWT and Nunavut)</b>										
CMA	21,508,575	21,534,063	23,123,441	7.5	7.4	23,123,441	23,488,393	24,945,123	7.9	6.2
CA	4,081,384	4,094,744	4,266,262	4.5	4.2	4,266,262	4,105,127	4,240,040	-0.6	3.3
RST	5,921,628	5,882,780	5,979,720	1.0	1.6	5,979,720	5,775,903	5,852,961	-2.1	1.3
Total	31,511,587	31,511,587	33,369,423	5.9	5.9	33,369,423	33,369,423	35,038,124	5.0	5.0
<b>Yukon</b>										
CMA	0	0	0	0.0	0.0	0	0	0	0.0	0.0
CA	22,898	22,898	26,028	13.7	13.7	26,028	26,028	28,225	8.4	8.4
RST	7,474	7,474	7,869	5.3	5.3	7,869	7,869	7,649	-2.8	-2.8
Total	30,372	30,372	33,897	11.6	11.6	33,897	33,897	35,874	5.8	5.8
<b>Northwest Territories</b>										
CMA	0	0	0	n.a.	0.0	0	0	0	n.a.	0.0
CA	18,700	18,700	19,234	2.9	2.9	19,234	19,234	19,569	1.7	1.7
RST	22,764	22,764	22,228	-2.4	-2.4	22,228	22,228	22,217	0.0	0.0
Total	41,464	41,464	41,462	0.0	0.0	41,462	41,462	41,786	0.8	0.8
<b>Nunavut</b>										
CMA	0	0	0	n.a.	0.0	0	0	0	n.a.	0.0
CA	0	0	0	n.a.	0.0	0	0	0	n.a.	0.0
RST	29,474	29,474	31,906	8.3	8.3	31,906	31,906	35,944	12.7	12.7
Total	29,474	29,474	31,906	8.3	8.3	31,906	31,906	35,944	12.7	12.7
<b>Canada</b>										
CMA	21,508,575	21,534,063	23,123,441	7.5	7.4	23,123,441	23,488,393	24,945,123	7.9	6.2
CA	4,122,982	4,136,342	4,311,524	4.6	4.2	4,311,524	4,150,389	4,287,834	-0.5	3.3
RST	5,981,340	5,942,492	6,041,723	1.0	1.7	6,041,723	5,837,906	5,918,771	-2.0	1.4
Total	31,612,897	31,612,897	33,476,688	5.9	5.9	33,476,688	33,476,688	35,151,728	5.0	5.0

Source: Statistics Canada. Censuses of Population, 1971 to 2016.

Census Metropolitan Areas (CMAs), in 2006 and 2011, have an a built-up core of 50,000 or more people and a total population of 100,000 or more and includes all neighbouring municipalities where 50 percent or more of the workforce commutes to the built-up core.

Census Agglomerations (CAs) have a built-up core of 10,000 or more people and a total population less than 100,000 and includes all neighbouring municipalities where 50 percent or more of the workforce commutes to the urban core.

Rural and Small Town (RST) areas refer to the non-CMA and the non-CA population. It is the population outside the commuting zone of larger urban centres.

**Impact of CMA/CA boundary changes on rural and small town (non-CMA/CA) population, 1971 to 2016**

	Change to non-CMA/CA population in																
	1971	1976	1981	1986	1991	1996	2001	2006	2011	2016							
	due to boundary changes made in																
	1976	1981	1986	1991	1996	2001	2006	2011	2016	Total (1976 to 2016)	Total (1981 to 2016)	Total (1986 to 2016)	Total (1991 to 2016)	Total (1996 to 2016)	Total (2001 to 2016)	Total (2006 to 2016)	
Newfoundland	-50,319	-20,675	-25,618	13,082	8,489	0	15,596	-571	-16,886	-76,902	-26,583	-5,908	19,710	6,628	-1,861	-1,861	
Prince Edward Island	-14,004	-17,843	-6,051	24	2,824	0	1,124	-700	-1,036	-33,926	-19,922	-2,079	3,972	3,948	1,124	-612	
Nova Scotia	-87,858	-32,282	20,920	-22,589	-2,692	-10,448	0	0	0	-134,949	-47,091	-14,809	-35,729	-13,140	-10,448	0	
New Brunswick	-37,583	-83,694	-2,062	0	6,067	-4	-37,368	-8,275	-5,878	-154,644	-117,061	-33,367	-31,305	-31,305	-37,372	-51,521	
Quebec	-167,339	-89,507	-190,898	21,810	-26,373	-26,582	-68,512	-12,725	-19,610	-547,401	-380,062	-290,555	-99,657	-121,467	-95,094	-100,847	
Ontario	-164,026	-271,658	-362,644	-29,791	-64,123	-133,896	-69,892	-7,866	-100,020	-1,096,030	-932,004	-660,346	-297,702	-267,911	-203,788	-177,778	
Manitoba	-18,419	-37,397	-45,953	7,243	-7,353	116	-10,561	-3,153	-28,446	-112,324	-93,905	-56,508	-10,555	-17,798	-10,445	-42,160	
Saskatchewan	-51,680	-52,295	-50,932	-19,616	6,339	0	-3,268	-1,064	-13,703	-171,452	-119,772	-67,477	-16,545	3,071	-3,268	-18,035	
Alberta	-7,507	-1,332	-307,228	-22,565	519	-2,289	-58,181	-18,103	-668	-398,583	-391,076	-389,744	-82,516	-59,951	-60,470	-76,952	
British Columbia	75,062	-285,377	-298,603	20,486	5,511	-31,734	-14,550	13,609	-17,570	-529,205	-604,267	-318,890	-20,287	-40,773	-46,284	-18,511	
Canada	-523,673	-892,060	-1,269,069	-31,916	-70,792	-204,837	-245,612	-38,848	-203,817	-3,237,959	-2,714,286	-1,822,226	-553,157	-521,241	-450,449	-488,277	

Source: Statistics Canada. Census of Population, 1976 to 2016.

Note: Population gain or loss due to boundary changes is calculated by subtracting population based on the following year's census boundaries from the population based on the current year's census boundaries. For example, the impact of the boundary change in 1976 on the rural and small town population is calculated by subtracting the 1976 population based on 1981 boundaries from the 1976 population based on 1976 boundaries.